

Mark Jermin

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Venue No1, 995A Carmarthen Road,
Fforestfach, Swansea, SA5 4AE
Tel: 01792 458855
Email: info@markjermin.co.uk
Web: markjerminmanagement.co.uk



Michael Shelford

Lauren Dickenson

Location:	Greater Manchester, United Kingdom, Greater London, United Kingdom	Eye Colour:	Hazel
Height:	5'8" (172 cm)	Hair Colour:	Blond(e)
Weight:	9st. 2lb. (58.1 kg)	Hair Length:	Long
Playing Age:	25 - 35	Voice Styles:	Friendly, Bright
Appearance:	Scandinavian, White		

Lauren has recently been cast by Robert Sterne in Alan Bennett's new film, 'The Choral' due to be released in 2025.

Television

2023, Television, Presenter / Receptionist, The Greatest Auction, Curve Media, Alex Kohler
2023, Television, Alison Pullin, DOCTORS, BBC, Merlyn Rice
2019, Television, Fay Moss, Andy and the Band, CBBC/Three Arrows Media, Matt Holt
2018, Television, Chloe, Emmerdale, ITV, Diana Patrick
2017, Television, Nancy, CORONATION STREET, ITV, Abe Jukes

Feature Film

2024, Feature Film, Nancy, The Choral, BBC, Nicholas Hytner
2021, Feature Film, Jade, FATHER CHRISTMAS IS BACK, Christmas Sisters Ltd, Mick Davis and Phillipe Martinez
2020, Feature Film, Briony, MISS WILLOUGBY, Miss W Productions Ltd, Brad Watson
2018, Feature Film, Victoria, The Familiar Fingers of Culture, Uzong Films, Conscian Morgan

Stage

2019, Stage, Miss Julie, After Miss Julie, Flim Flam Productions, Natalie Jane
2018, Stage, Alex, Cheaters, Bury Met Theatre, Lewis Charlesworth
2017, Stage, Hilda Crompton, Spring and Port Wine, Oldham Coliseum Theatre, Chris Honer
2017, Stage, Sally, The Girl at the Top, Manchester Palace Theatre, Jim Cartwright
2016, Stage, Isobel, BULL, The Hospital Club, Covent Garden, Ben Naylor
2016, Stage, Margaret Curl, Mary Stuart, Royal Central School of Speech and Drama, Ben Naylor
2016, Stage, Bianca Minola, The Taming of the Shrew, Royal Central School of Speech and Drama, Anna Morrissey
2015, Stage, Ensemble, Supermarkets, National Youth Theatre, Kate Hewitt
2014, Stage, Fanny Godwin, Mary Shelley, University of Birmingham, Peter Leslie Wild
2014, Stage, Nell Gwyn, Playhouse Creatures, University of Birmingham, Devised
2014, Stage, Helen of Troy, The Trojan Women, 3Bugs Fringe Theatre, Alice Hodgson
2013, Stage, Martha, The Secret Garden, 3Bugs Fringe Theatre, Georgia Thomas

Commercial

2023, Commercial, OC Real Housewife, HAYU - REAL HOUSEWIVES, Forest Of Black, Oscar Sansom
2023, Commercial, Tennis Girl, VERISURE ALARM, Treacle 7 / Spark Media, Danny Jones
2022, Commercial, Hero Deichmann Girl, DEICHMANN, Represent Film GMBH, Ace Norton
2022, Commercial, Female Lead, CROWN PAINT, Driven Agency,
2021, Commercial, Dee, FX PRESENTS WREXHAM, You Boy Films, Paul Tolton
2021, Commercial, Happy Couple, BEAVERBROOKS, Chief, Cameron Ward
2020, Commercial, Lead Female, Best Heating, Fresh Cut, Andy Daly
2020, Commercial, Hero Woman, BETMGM, Fetch Films, Chris Gaffey

2019, Commercial, Business Woman, ALDI, McCann, Callum Carson
2019, Commercial, Young Mum, ALDI UK - Baby Special Buys, McCann, Neil Flitcroft
2019, Commercial, Leading Actress, Bon Prix, VTR North, Helen Davies
2019, Commercial, Trudy, Wagg Online Viral, Powerhouse, Sean Jones
2018, Commercial, Steph, Gloucester Quays Summer Campaign, FKC, Vicky Lilleycrop
2018, Commercial, Leading Actress, JET 2 IDENT, Chief Productions, Charlie J. Watts
2018, Commercial, Leading Actress, Moon Pig, Emerald Sky Studios, Shane Hamill
2017, Commercial, Steph, Gloucester Quays, MOB Films, Meriem Adib
2017, Commercial, Leading Actress, Jet 2 summer holiday commercial, Chief Productions, Nate Camponi
2017, Commercial, Girl with the Pearl Earring, We are Beautiq, Chief Productions, C. Caddy

Short Film

2017, Short Film, Amanda, Trashbag, Northern Film School, Laury Herubel
2016, Short Film, Mary, Just Mary, Rebecca Mulchay

Still Photography

2019, Still Photography, Siegfried's Wife, All Creatures Great and Small, Channel 5, John Turner
2018, Still Photography, Steph, Gloucester Quays Summer Campaign, FKC, Vicky Lilleycrop
2017, Still Photography, Leading Actress, Jet2 Holidays, Chief Productions, Charlie Watts

Radio

2021, Radio, Grace, BBC FAULT LINES, BBC, Gary Brown

Video

2025, Video, Lead, Imperial Leather, Jen Spence Production, Jen Spence
2025, Video, Model, Hairburst, Jen Spence Production, Jen Spence
2025, Video, Lead, Jaybe Beds, Jaybe Beds, Richard Dale
2025, Video, Presenter, Ba-ba-bing, Propaganda, Propaganda
2025, Video, Lead, Lancashire Fire and Rescue, Bauer Media, Bauer Media
2025, Video, Presenter, Resin Bound, Resin Bound, Grace Cummins
2024, Video, Lead, Silver Bay Point Wine, Brilliant Agency, Brilliant Agency
2024, Video, Model, Casino Wheel, Inspired Entertainment, Inspired Entertainment
2024, Video, Mum, Smyths Toys, Rig2, Rig2
2024, Video, Lead, Pets at Home, Jen Spence Production, Jen Spence
2024, Video, Lead, Dr Oetker - Pizza & Prosecco, Dr Oetker, Richard Cooper
2023, Video, Lead, Marionnaud Sun Care, Jen Spence Production, Jen Spence
2021, Video, Presenter, Prestige Flowers, Pocket Creatives, Steven Mayatt
2021, Video, Presenter, B+M, Eon-Media Limited, Jack Milson
2020, Video, Consumer, Saybrook Sleep, Prodoto, Lucy Turnball

Credits

2024, Corporate, Lead, Tobacco Vape - Conference Video, MCM Creative, Clare Sutton
2024, Corporate, Presenter, Flaming Grill, Elf Marketing, Jemma Champion
2022, Online Commercial, Kate, Dream Games Royal Match, Mamash / Fix It In Pre, Yoni Zigler
2021, Internet, Rachel, CONNECTED BY CARDS, Holdens, Michael Mannion
2021, Internet, Hero Female, SHARK NINJA, Shark Ninja, Steven Briggs
2020, Internet, Lead Female, ASTONISH, Hatch PR, Alice McQueen

Accents & Dialects: (* = native)

RP, Bolton, Manchester, Northern, Essex, English-Standard, Lancashire*, Heightened RP, Cockney, American-Standard, Cheshire, Liverpool, Yorkshire, London

Music & Dance: (* = highly skilled)

Street Dance, Jive, Ballet, Freestyle Dance, Choreography, Pop Singing, Period Dancing, Guitar, Mezzo-Soprano, Merengue, Dance (general), Hip Hop Dance, R & B Singing, Rock 'n' Roll Dance, Tap, Commercial Dance

Performance:

APC Basic Single Sword, Actor-Singer, Verbatim Theatre, APC Basic Rapier & Dagger, Musical Theatre, APC Basic Unarmed, Comedy Improv, Commedia Dell'Arte, Clown

Sports: (* = highly skilled)

Netball, Stage Combat, Horse-jumping, Horse-riding, Swimming, Athletics, Horse-riding (pony/small horse), Yoga, Cycling, Badminton

Vehicle Licences:

Car Driving Licence

Other Skills:

Bartender, Improvisation, Barrister (qualified)

Training:

Royal Central School of Speech & Drama, MA Acting, 1 year, 2015-2016

National Youth Theatre, Epic Stages Course, 2015

University of Birmingham, BA Drama & Theatre Arts, 3 years, 2011-2014

Jim Cartwright Drama Studio, 2016-2017