Mark Jermin ➤ Management

Venue No1, 995A Carmarthen Road, Fforestfach, Swansea, SA5 4AE

Tel: 01792 458855

Email: info@markjermin.co.uk Web: markjerminmanagement.co.uk

Helen Sheals



Tez Sheals-Barrett

Greater London, United Kingdom, West Location:

Yorkshire, United Kingdom, Greater

Manchester, United Kingdom

Height: 5'0" (152 cm) Weiaht: 7st. 5lb. (46.72 kg)

Playing Age: 44 - 51 White Appearance:

Eve Colour: Blue

Hair Colour: Dark Brown

Hair Length: Short **Voice Character:** Direct Voice Quality: Clear

Currently playing Judy Garland in a tour of Judy and Liza the Musical. Recently appeared in Coronation Street and Doctors. Begins rehearsal for Habibti Cabs at Bolton Octagon next spring.

Feature Film

2011, Feature Film, Jessica, European Psycho, Kadri Kousaar

2018, Film, Pat, Val and Elsie, Leon Lopez

2017, Film, Pat, JERMAINE AND ELSIE, Ashley Campbell

2016, Film, Geraldine, BABIES, TT Productions, Martin O'Brien

2004, Film, Tess, Jam, Jam Productions, Angelo Abela

2002, Film, John's Mum, The Licks, Noel Clarke, Noel Clarke (BAFTA Orange Rising Star Award)

1998, Film, Hilly, Heterosexuality, Channel Four Films, Rikki Beadle-Blair

1991, Film, Michelle, SPAG, Molten Rock Productions, Richie Winnearls

Television

2021, Television, Nurse 2 eps, Coronation Street, Clive Arnold

2021, Television, Mandy Gilbert - guest lead, Doctors, BBC, Niall Fraser

2019, Television, Sheila, Coronation Street, ITV, John Anderson

2016, Television, Abigail (guest lead), Doctors, BBC, Piotr Szkopiak

2016, Television, Ruth, Last Tango in Halifax, Red Production Company, Juliet May

2014, Television, Jenny (guest lead), Doctors, BBC, Piotr Szkopiak

2014, Television, Eve Protheroe (2 eps), Casualty, BBC, David Tucker

2014, Television, Mrs Wigan (recurring guest), Downton Abbey, Carnival, Catherine Morshead

2013, Television, Mrs Wigan (recurring guest), Downton Abbey, Carnival, David Evans

2012, Television, Mary (guest lead), Doctors, BBC, Niall Fraser

2012, Television, Karen (guest lead), Casualty, BBC, Richard Signy

2011, Television, The Wraith, Silent Witness, BBC Television, Andy Hay

2011, Television, Grace Selwin (guest lead), Holby City, BBC Television, Dermot Boyd

2010, Television, Mrs Wigan (recurring guest), Downton Abbey, Carnival, Various

2009, Television, Diane Carter (guest lead), Casualty, BBC Television, Ian Bradley

2009, Television, Lily Richardson, Coronation Street, ITV Granada, Duncan Foster

2008, Television, Helen Porterfield (quest lead), The Bill, Thames Tallkback, Jill Wilkinson

2007, Television, Kim Hunt (guest lead), Holby City, BBC TV, Jim Loach

2005, Television, Alison Bayliss (guest lead), Doctors, BBC Television, Chris Richards

2004, Television, Maureen Evans, Casualty, BBC Television, Terry Island

2004, Television, Anita Russell (series regular), Courtroom, Mersey Television, Various

Helen Sheals 1/3

- 2003, Television, Jan Murray (series regular), Brookside, Mersey Television, Various
- 2001, Television, Lorna Roberts (guest lead), Doctors, John Greening
- 2001, Television, Rosemary Locke (3 eps), Holby City, Brett Fallis/Paul Wroblevski
- 2001, Television, Nurse Smith, Where The Heart Is, Granada TV, Chris King
- 2000, Television, Sarah Piper, Dalziel And Pascoe, Ross Devonish
- 2000, Television, Hilly (series regular), Metrosexuality, Channel 4, Rikki Beadle-Blair
- 1999, Television, Vanessa Sheldrake (series regular), Family Affairs, Channel 5, Various Directors
- 1998, Television, Ronnie Ferrari (series regular), The Hello Girls, Feelgood Fiction/BBC, Jonas Grimas/Dermot Boyd
- 1996, Television, Ronnie Ferrari (series regular), The Hello Girls, Feelgood Fiction/BBC, Betsan Morris-Evans/Richard Laxton
- 1991, Television, Jackie (recurring guest), Hangar 17, BBC TV, Steven Andrew

Stage

- 2021, Stage, Judy Garland, Judy and Liza the Musical, On Song Productions/Bill Elms Productions, Emma Dears
- 2020, Stage, Shirley Valentine, Shirley Valentine, The English Theatre of Hamburg, Paul Glaser
- 2019, Stage, Rita, Brassed Off, New Vic Theatre, Conrad Nelson
- 2018, Stage, Good Witch/Aunty Em, The Wonderful Wizard of Oz, Bolton Octagon, Ben Occhipinti
- 2018, Stage, Judy Garland, Judy and Liza, Liverpool Royal Court/UK Tour, Emma Dears
- 2017, Stage, Judy Garland, Judy!, The Arts Theatre, Ray Rackham
- 2016, Stage, Judy Garland (nominee BroadwayWorldUK Best Actress), Through The Mill, Southwark Playhouse, Ray Rackham
- 2016, Stage, Mistress Quickly, The Merry Wives, Northern Broadsides UK Tour/New Vic Theatre, Barrie Rutter MBE
- 2015, Stage, Judy Garland, Through The Mill (Offie Nom Best New Play 2015), London Theatre Workshop, Max Reynolds
- 2015, Stage, Goneril, King Lear, Northern Broadsides UK Tour, Sir Jonathon Milller
- 2013, Stage, Mae Garga, In the Jungle of Cities, The Arcola Theatre, Peter Sturm
- 2013, Stage, Shirley, Good to Firm, talking Scarlet, Patric Kearns
- 2013, Stage, Pacquette, Quasimodo, The King's Head Theatre, Robert Chevara
- 2012, Stage, Mrs Wire, Vieux Carre, Charing Cross Theatre/King's Head, Robert Chevara
- 2012, Stage, Marcade, Love's Labour's Lost, Northern Broadsides/The Lowry, Barrie Rutter
- 2011, Stage, Mari Hoff, The Rise and Fall of Little Voice, Hull Truck Theatre Company/UK Tour, Hannah Chissick
- 2010, Stage, Mrs Cratchit, A Christmas Carol, Maxim Theatre Stockholm, Pernilla Isedol
- 2010, Stage, Meg Stanley, One Night In November, Belgrade Theatre, Coventry, Hamish Glen
- 2008, Stage, Helen, A Taste of Honey, Salisbury Playhouse, Mark Powell
- 2008, Stage, Meg Stanley, One Night In November, Hamish Glen
- 2006, Stage, Queen Margaret, Wars of the Roses, Northern Broadsides/ West Yorkshire Playhouse, Barrie Rutter
- 2005, Stage, Miss Sweetness, Pretty Boy, Oval House, Rikki Beadle-Blair
- 2004, Stage, Bridie Prespect, Gutted, Tristan Bates Theatre, Rikki Beadle-Blair
- 2002, Stage, Lady Macbeth, Macbeth, Northern Broadsides UK Tour, Barrie Rutter
- 1999, Stage, Olivia, Twelfth Night, Northern Broadsides UK Tour, Barry Rutter
- 1997, Stage, Jo, A Taste Of Honey, Bristol Old Vic Theatre, Ian Hastings
- 1996, Stage, Rossignol, Marat Sade, Bristol Old Vic, Andy Hay
- 1995, Stage, Sallly Bowles, Cabaret, Live Theatre Newcastle, Max Roberts
- 1995, Stage, Mrs Miller, Flare Path, Bristol Old Vic, Andy Hay
- 1994, Stage, Hermia, A Midsummer Night's Dream, Northern Broadsides UK Tour, Barrie Rutter
- 1994, Stage, Christine, The Fifteen Streets, Queens Theatre, Marina Calderone
- 1993, Stage, Linda, Confetti, Oval House/Chelsea Theatre, Sarah Frankcom
- 1993, Stage, Ellen, Foreign Lands, Wolsey Theatre, Ipswich, Penny Ciniewitz
- 1993, Stage, Little Voice, The Rise and Fall of Little Voice, Bristol Old Vic/UK No 1 Tour, Andy Hay
- 1993, Stage, Viola, Twelfth Night, Orange Tree, Richmond, Ninon Jerome
- 1992, Stage, Gill, Mother Goose, Chipping Norton Theatre, Adele Anderson
- 1991, Stage, Thud, The Magic Box, Battersea Arts Centre, Robert Chevara
- 1990, Stage, Caria, Satyricon, Opera Factory, Robert Chevara
- 1989, Stage, Nancy, The Fifteen Streets, York Theatre Royal / UK No 1 Tour, Rob Bettinson
- 1988, Stage, Waiter, Divine Gossip, RSC, Barry Kyle
- 1988, Stage, Plebian, Julius Caesar, RSC, Terry Hands
- 1988, Stage, Ensemble, The Churchill Play, RSC, Barry Kyle
- 1988, Stage, Lisette, The Will, RSC, Michael Billington
- 1988, Stage, Ensemble, Three Sisters, RSC, John Barton
- 1987, Stage, Ensemble, Stop The World! I Want To Get Off, Kent Rep, Ramsay Gilderdale
- 1987, Stage, Dunois's Page, Saint Joan, Compass Theatre Company UK No 1 Tour, Sir Anthony Quayle
- 1987, Stage, Juno/Spirit, The Tempest, Compass Theatre Company UK No 1 Tour, Clifford Williams
- 1987, Stage, Chrissie, Hair, Deutches Theatre, Munich/European Tour, Till Polla

Workshop

- 2009, Workshop, Various Roles, MA Writers Course, Central School of Speech and Drame, Kfir Yefet
- 2009, Workshop, Madge, The Olde Wyfe's Tale, Royal National Theatre Studio, Mark Powell

Helen Sheals 2/3

Rehearsed Reading

2012, Rehearsed Reading, Alison, Seperate But Equal, Theatre Royal Stratford East, Rikki Beadle-Blair 2011, Rehearsed Reading, Mrs Plum, Pastoral, Soho Theatre, Steve Marmion

Credits

2020, Ident, Linda, Supermarket Sweep,

Accents & Dialects: (* = native)

Derby, Cockney, Irish-Southern, Spanish, Midlands-East, RP, Yorkshire*, Geordie, American-Standard, Manchester, Latin American, London, American-Southern States, American-New York, Australian

Languages: (* = Native/Fluent)

English*

Music & Dance: (* = highly skilled)

Folk Singing, Sight-Reading, Blues*, Contemporary Dance, Ballad*, Soprano

Performance:

ADR-Additional Dialogue Recording, Radio Drama, Actor-Singer

Other Skills:

Painting, Improvisation, Impersonation, Mime, Artistic Director

The information in this CV may have been provided by partner sites. Every effort has been made to make sure that the information contained on this page is correct and Tagmin can accept no responsibility for its accuracy.

Helen Sheals 3/3