

Mark Jermin

★ ★ ★ Management

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YellowBellyPhoto

Helen Chong

Location:	County Durham, United Kingdom, Tyne and Wear, United Kingdom, Greater London, United Kingdom	Ethnic Background:	Mixed
Height:	5'4" (162.6 cm)	Eye Colour:	Brown
Playing Age:	14 - 23	Hair Colour:	Black
Appearance:	Mixed Race	Hair Length:	Mid Length

Helen has recently performed both off-broadway and off-west end in 'Cassie and the Lights', portraying the role of 'Tin Braithwaite'.

This winter, Helen will be in 'Beauty and the Beast' at Gala Theatre Durham, as ensemble/onstage swing.

Credits

2024, Pantomime, Ensemble/Onstage Swing, Beauty and the Beast, Gala Theatre Durham, Rachel Glover
2024, Stage, Amy March, Little Women, York Theatre Royal/Pitlochry Festival Theatre, Juliet Forster
2024, Stage, Party Girl, Girlhood, Sam James Productions, Cecilie Fray
2024, Stage, Dina, Live Writes - 'Last Shot', Live Theatre, Catriona Burnett
2024, Stage, Tin Braithwaite, Cassie and the Lights, 3 Hearts Canvas/Southwark Playhouse, Alex Howarth
2024, Stage, Kelsey, 'Nosh Vouchers' - Haddaway and Write, Hooley Theatre/Gala Durham, Daymon Britton
2023, Pantomime, Ensemble/Onstage Swing, Cinderella, Gala Theatre Durham, Rachel Glover
2023, Short Film, Ella/Ava, Joint Enterprise Short Films, Meerkat Films, Katja Roberts
2023, Television, Nina, The Dumping Ground, BBC, Stephanie Zari
2023, Music Video, Dancer, Joe McElderry - Love, Matthew Tingle
2023, Stage, Understudy Cassie/Kit/Tin, Cassie and the Lights, Patch of Blue, Alex Howarth
2023, Stage, Performer/Dance Captain, What Comes Next?, Guildford School of Acting, Gerry Tebbutt
2023, Commercial, Footballer, FIFA Online 4, Will Innes Smith
2022, Pantomime, Annie Turnip, Jack and the Beanstalk, Yellow Kangaroo, Alex Howarth
2022, Stage, A, Four Models in Bright Hats Think About the Future, Live Theatre, Jack McNamara
2022, Voice Over, Girl #7, GDST Voice-Over, Lobster Creative,
2022, Educational, Nora, ELI Educational Video, Creative Listening, Will Liney
2022, Television, Jenny, Casualty, BBC, Judith Dine
2021, Pantomime, Swing/1st Cover Belle/Dance Captain/Ensemble, Beauty and the Beast, Jermin Productions, Mark Jermin
2021, Short Film, Featured Dancer, Burnt Toast and Cigarettes, Lone Pine Pictures, Paul Stainthorpe
2021, Educational, Niko, ELI Educational Video, Creative Listening,
2021, Stage, Keeley, Orca, Laurels Whitley Bay, Eilish Stout-Cairns
2021, Short Film, Amy, The Hermit, Sea Fox Films, Andrew Coats

Accents & Dialects: (* = native)

Durham*, Essex, RP, Yorkshire, American-Standard, Geordie*

Music & Dance: (* = highly skilled)

Singing (general), Choral Singing, Mezzo-Soprano, Jazz Dancing, Ballet, Contemporary Singing, Commercial Dance, Alto

Performance:

Musical Theatre*, Actor-Singer, Swing*, Musical Comedy, Story Telling

Sports: (* = highly skilled)

Athletics, Running, Yoga, Netball*

Other Skills:

Assistant Stage Manager (ASM)

Training:

Guildford School of Acting (Foundation MT - 2022-23)

MTS College (2018-2022)